




HEALING ZONE SPA



UNWIND
PURE PEACE
BOUNDLESS BLISS





Discover deeply personalized treatments, unique retreats, and curated healing and therapeutic packages that will revive and regenerate you. From blissful massages to exquisitely and expertly tailored facials - relaxation begins here.

Our expert treatments are designed to suit each guest's individual needs creating remarkable results that leave our guests feeling wholly transformed. From skincare that grows on the vine to the latest in molecular chemistry, we make sure integrity is at the core of each of our treatments and products.

We focus on providing a luxury retreat from the hustle of the city, with quality service and innovative therapies with the most talented therapists in-house to help you relax and relieve stress, renew tired muscles and improve the health of your skin with treatments focused on pure results.









THE PEVONIA FACIAL TREATMENTS

Experience a series of new, luxurious, and results-driven facial treatments by experts who're ultimate in efficient pampering. Beginning with a facial assessment to analyze your skin type our therapist will select products to create a facial experience tailor made to your skin needs. You are invited to treat yourself to medically and consciously-driven treatments in the soothing, restorative environment of our healing zone spa



FACIAL TREATMENT



Deep Pore Facial Treatment

This deep pore cleansing facial treatment acts as a purifying treatment done step-wise. Starting with steaming, exfoliation, and then an intense deeper cleansing of clogged pores. A specific massage medium is then gently massaged into the skin of your face, neck, and décolleté, followed by a therapist-selected mask.

ⓘ Recommended for all skin types.



Lumafirm Lift & Glow Facial Treatment - Cream Mask

The Glow & Lift your skin needed and this facial treatment is absolutely proven to perform. The Pevonia lumafirm® Lift & Glow facial renders your skin ultra-luminous glow with a firmer, tighter, and more youthfully defined appearance. This exclusively formulated treatment features the latest in freeze-dried technology to deliver instant results and cumulative skincare benefits.

ⓘ Recommended for any skin type showing signs of aging, skin brightening and rejuvenation.



De stress Hydra cloud Mask Treatment

The De-stress Hydra-Cloud Mask Treatment comprises the mix of hyaluronic acid and micronized cotton to deeply hydrate and tighten the skin while reducing the appearance of fine lines and wrinkles. This treatment helps to create plumper, firmer, more resilient and more supple skin as results because of highly fragmented hyaluronic acid content.



Luminous C & Sea Soft Lift Mask Treatment

This facial combines the high potency of Vitamin "C" with a stimulating Freeze-Dried Seaweed rendering skin firmer, brighter, more rejuvenated, and velvety-soft.

ⓘ Recommended for dull and dehydrated skin and excellent for smokers, sunbathers and sun-damaged skin.



FACIAL TREATMENT



Stem Cell Phyto Elite Freeze Dried Treatment

This most sought out freeze-dried treatment redefines the anti-aging facial! Infused with the first ever blend of Argan and Comfrey Stem Cells and adds a mask and cream with supercharged de-agers like Collagen, Retinol, Elastin and other key actives, it starts working from the first application. Visibly reducing lines and wrinkle depth, it delivers a smoother skin surface, and long-term protection of the skin's naturally repairing stem cells.

 *Recommended for Deep Lines and Wrinkles.*



Taster Facial Treatment

This mini facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturizer.

 *Recommended for all skin types*



De Stress Eye Treatment Gingko

Treat your eye area to the repairing benefits of 100% pure marine collagen. This potent treatment smoothes fine lines and wrinkles while reducing crepiness. Your eye contour is wonderfully rejuvenated.

ⓘ Recommended for Lines & wrinkles. Treats eye-puffiness as well as tightening and hydrating the skin.



De Stress Smoothing Eye Wrinkle Treatment

Treat your eye area to the repairing benefits of 100% pure marine collagen. This potent treatment smoothes fine lines and wrinkles while reducing crepiness. Your eye contour is wonderfully rejuvenated.

ⓘ Recommended for Lines & wrinkles



THE OPTIMAL REJUVENATION

YOUR BODY NEEDS









BODY RITUAL & MORJANA MOROCCAN BATH TREATMENT

Indulge and immerse yourself into healing and stimulating body treatments that focus on deep tissue techniques from firm to deep in restoring and improving the condition of your body as well as detoxifying and refilling your body back with hydration giving an ultimate relaxation experience.





BODY & BATH



Thousand and One Night Body Ritual

Experience a royal-invoking ritual. This is your perfect way to relax, unwind and rejuvenate the body and mind in a tranquil and sophisticated environment designed to provide the perfect relaxation and restorative retreat. This intense cleansing ritual helps eliminate toxins and stimulates circulation leaving you feeling refreshed and your skin smooth.



Sumptuous Amber Body Ritual

This Our amber body ritual is eloquently beneficial for a person's good psychological condition and well-being as it helps to regain inner harmony, to feel the burst of energy. The process restores skin elasticity and moisture balance. The active substance of amber is not only for young skin but is also very important for the human body to participate in the energy circulatory processes of cells. This exclusive ritual has been created using luxury cosmetics with amber – the product of the smallest fraction – amber powder, amber scrub. The finer the amber, the more useful it is, because it is easier for the human body to “extract” its good properties.



Imperial Body Ritual

The most luxurious ritual experience ever with this radiance-boosting honey, absolutely perfect for gentle exfoliation on even the most sensitive of skins, it nourishes and promotes anti-aging to remove dead skin cells and impurities thoroughly, and rejuvenates the skin to help you achieve an enviable glow. Imperial Ritual opens the door to magnificent fragrances and textures that soothes the mind and leaves an incredibly silky, rejuvenated skin.



Oud Body Ritual

Experience the opulence of an ancient tradition in a unique and modern way. Specially designed to enrich the senses and evoke a feeling of luxury, well-being, and refinement, with this premium oud ritual by the legendary Oud fragrance, the most captivating scent from the Orient. Let yourself be mesmerized by the sensual Oud with this ritual that will treat your body just like the Sultan of old times. Your skin is left firmer, smoother and deeply nourished with the aroma of oud fragrance.



Oriental Softness for Hands and Feet

Your An exclusive holistic treatment with highly effective care materials keenly chosen especially for dry and demanding skin. The skin on your hands and feet are as important as the other. This treatment is dedicated to those who desire to magnify their beauty while experiencing a relaxing and a delightful moment in nourishing your skin. This ritual will provide rejuvenation and extra care your skin needs with a deep feeling of serenity.



RELAX
RECOVER
HEAL









RELAXING MASSAGE SESSIONS

Experience a series of new, luxurious, and results-driven facial treatments by experts who're ultimate in efficient pampering. Beginning with a facial assessment to analyze your skin type our therapist will select products to create a facial experience tailor made to your skin needs. You are invited to treat yourself to medically and consciously-driven treatments in the soothing, restorative environment of our healing zone spa.





MASSAGE



Aroma Massage

Unwind, Relax, and Enjoy! With Aroma Massage, you can experience an enriching massage like never before. Our unique blend of essential oils helps to reduce mental stress and improve your sleep. It also relieves muscle pain for athletes and those who perform a great amount of physical exertion. Get ready to be pampered and revitalized with a luxurious Aroma Massage.



Sport Healing Massage

Get rid of muscle pain & inflammation with Sport Healing Massage! Our cutting-edge massage therapy uses the latest research and technology to provide deep, targeted relief for muscle spasms, cramps, and tension. Certified professionals use the best techniques to reduce stress and improve performance, so you can stay active and on top of your game. Feel the difference now - book your Sport Healing Massage session today!



Deep Tissue Massage

If your goal is to get rid of pain in a muscle or a specific place in your body, you should try deep tissue massage to get the positive energy around. This deep Tissue Massage, firmly puts pressure on the muscles while relieving pain and healing injuries. You might be sore for a day or 2 after the massage. Perfect for recovery from injury and athletes prone to sports injuries and tissue diseases.



Hot-Stone Massage

Hot Stone is the perfect way to unwind and rejuvenate. Our unique combination of stones helps to reduce pain, increase circulation, and boost your immune system. With Hot Stone, you can easily enjoy the therapeutic benefits of massage without leaving the comfort of your home. From relieving tension to improving circulation, Hot Stone provides you with a natural, holistic way to relax your body and mind. Get ready to experience the ultimate relaxation today!



Reflexology Massage

Unwind positive vitality with our reflexology massage. This massage involves applying different amounts of pressure at points on feet, hands, and ears. It's based on a theory that these body parts are connected to certain organs and body systems that help in relaxing your whole body and nerves. People who practice this technique are called reflexologists.



Swedish Massage

The classic, Swedish Massage, aims to promote relaxation by releasing muscle tension to any part of the body. Swedish massage therapists use kneading, long strokes, deep circular movements around pressure points and passive joint movements. These techniques are meant to stimulate nerve endings and increase blood flow and lymph drainage, thereby relaxing you. Benefits of Swedish massages include reduced sleep disturbance and insomnia, as well as providing pain relief to injured body parts as it is gentler than a deep-tissue massage, and more.



Therapy Massage

Get your ultimate relief with Therapy Massage! Whether you're dealing with chronic pain, sports injuries, or aches & pains from long hours of sitting or standing, our therapeutic massage techniques can help relieve your discomfort. We use a combination of massage, exercises and stretching to target the root of your pain and help restore your body's proper functioning. Get back to feeling like yourself again with Therapy Massage!



Scalp - Healing Treatment

Unclog the hair follicles, releasing natural conditioning oils and help relieve a dry scalp and remove all dry flakes falling. This treatment stimulates blood flow in the head and neck area so nutrients can better reach the scalp and nourish your hair. Plus, it stimulates blood flow in the head and neck area to ensure nutrients reach the scalp and nourish your hair. Say goodbye to dandruff, flaking, and dryness



Healing Body Scrub Treatment

Discover the secret to silky soft skin with Healing Body Scrub! Our unique salt scrub is formulated with the highest quality ingredients, like magnesium and sulfate, to nourish and moisturize your skin while removing dead skin cells. Relax your muscles and regain your vital energy with our amazing product. Get ready to experience glowing, softer skin like never before!



Healing Body Mud Wrap

Get the ultimate spa experience at home with our Healing Body Mud Wrap! Enjoy all the incredible benefits of this natural mineral-rich mud wrap, which helps to reduce inflammation, stimulate blood circulation, relax muscles, and improve the condition of people with psoriasis. Improve signs of aging, fight cellulite and stretch marks, and feel your best with our healing body mud wrap!



MASSAGE



Back, Neck, and Shoulder Massage

Immerse yourself in pure bliss with our Back, Neck, and Shoulder Massage, designed to melt away tension and rejuvenate your senses. Our skilled therapists specialize in delivering targeted relief to the key areas of your body that often bear the brunt of stress and strain. Using a combination of soothing techniques and expert hands, we work on your back, neck, and shoulders, releasing tight muscles and promoting deep relaxation. Experience the ultimate escape and treat yourself to the tranquility you deserve.



MEN'S PEDICURE & MANICURE

Indulge in a serene sanctuary where our expert therapists provide top-tier care for your hands and feet. Experience the silky smoothness of cleansed and exfoliated skin while you relax and revitalize with a soothing soak. Our meticulous attention to detail includes shaping, trimming, and cuticle care, leaving your nails perfectly groomed. Feel the tension melt away with a calming massage that promotes improved circulation. Treat your hands to the luxury they deserve with our Manicure treatment, featuring meticulous cuticle care and a hydrating moisturizer for soft, nourished, and revitalized hands. Elevate your self-care routine with our transformative Manicure experience.



NAIL'S CARE



Spa Men's Pedicure & Manicure

Enter our serene sanctuary where expert therapists await to pamper you with top-tier care. By cleansing and exfoliating your hands and feet, we leave your skin silky smooth. Relax and revitalize with a soothing soak that prepares your tired muscles for ultimate relaxation.

Allow us to work our magic, shaping and trimming your nails to perfection. Our attention to detail extends to cuticle care, ensuring impeccably groomed nails. Feel the tension melt away as our therapists provide a calming massage, promoting improved circulation and a sense of relief in your hands and feet.



Manicure

Give your hands the luxurious treatment they deserve with our Manicure treatment for hand care. Our meticulous cuticle care guarantees impeccably groomed hands, with excess skin delicately removed. Complete your pampering with a hydrating moisturizer, leaving your hands soft, nourished, and revitalized. Whether you're seeking to maintain a refined look or simply treat yourself to a moment of self-care, our Manicure is designed to deliver a truly transformative experience.



Pedicure

Experience the pinnacle of foot care luxury with our extraordinary Pedicure service. Allow our experts to pamper your feet with nail shaping, cuticle care, exfoliation, and a soothing foot soak. Our Pedicure service is designed to provide not only aesthetic enhancements but also essential foot health benefits. We believe that caring for your feet is an integral part of self-care, and we are committed to helping you maintain optimal foot health.





“A space to embrace relaxation & slower pace,
where everyday hassles seem to drift away!”

Heal Zone Spa



Cantara Residence, Muwaileh, Sharjah

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